

# BLACKBERRY

Product made from fresh, mature, clean and healthy fruit. With fruit's characteristic color, flavor, and aroma. Free from foreign materials and other EVM. Produced under the rules of BPA and BPM. Developed both under the HACCP and BRC standards and meeting the highest quality standards.









## VARIETIES

Cherokee, Chester, Navajo, Marion

## NUTRITION FACTS

Nutrition Facts			
Serving Size 1 cup (140 g)			
Serving Per Container about 2.5			
Amount Per Serving			
<b>Calories</b> 90 Calories from Fat 5			
		% Daily Value*	
<b>Total Fat</b>	0.5g	1%	
Saturated Fat	0g	0%	
Trans Fat	0g		
<b>Cholesterol</b>	0mg	0%	
<b>Sodium</b>	0mg	0%	
<b>Total Carbohydrate</b>	22g	7%	
Dietary Fiber	7g	28%	
Sugar	15g		
<b>Protein</b>	2g		
Vitamin A 4% • Vitamin C 8%			
Calcium 4% • Iron 6%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
		<b>Calories:</b>	<b>2,000    2,500</b>
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

## PACKAGING

 <p>PILLOW BAG</p>	<h3>Pillow Bag</h3> <table border="1"> <tr> <td>Type</td> <td>Retail</td> </tr> <tr> <td>Material</td> <td>Material</td> </tr> <tr> <td>Sizes</td> <td>10 oz. to 5 lb.</td> </tr> </table>	Type	Retail	Material	Material	Sizes	10 oz. to 5 lb.
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